

# Lisbon

## YOUR DAY-BY-DAY ADVENTURE

### DAY 1

#### Flight to Portugal

### DAY 2

**Welcome Meeting** Begin with a welcome meeting and orientation. Afterwards, enjoy free time to explore the area around the hotel.

**Training Session** Participate in a Training Session at a local field. The training session will be led by your own coaching staff.

#### Dinner at Hotel Restaurant

### DAY 3

#### Breakfast at Hotel

**Lisbon Walking Tour** Explore the riverfront Praco do Comercio, Lisbon's most famous and popular square. View the Equestrian Statue of Dom Jose and walk through the city's Alfama area, the old-fashioned residential neighborhood that survived the earthquake of 1755.

**Castle of Sao Jorge** Enjoy the nucleus of the original city, inhabited by the Phoenicians and subsequently by every other conquering culture.

**Friendly Match** Play an International Friendly Match against a local club or academy team in the Lisbon area. The team will meet and compete against athletes of similar ages and skill levels.

#### Dinner at Hotel Restaurant

### DAY 4

#### Breakfast at Hotel

#### Travel to Sintra

**Palace of Peña** Visit the spectacular Palace of Peña, filled with oddities from all over the world. You will have some free time to explore the area and the park that surrounds the palace.

**Attend Professional Match** Attend a professional soccer match in the Lisbon area featuring teams from the top leagues.

#### Dinner at Hotel Restaurant

### DAY 5

#### Breakfast at Hotel

**Benfica - Estadio Da Luz Tour** Travel through the Dressing Rooms, the Presidential Tribune VIP area, the Press Conference Room, the Players' Tunnel, the Pitch and Bench, and the Eagle Vitoria, Benfica's mascot and symbol. Our tour concludes as we travel back in time through the Benfica Museum, featuring memorabilia from its storied history. You will be given free time to wander through the museum.

#### Friendly Match

#### Dinner at Hotel Restaurant

### DAY 6

#### Breakfast at Hotel

#### Pro Coaching Clinic at Sporting CP Academy

Participate in a special Professional Coaching Clinic at Sporting CP Academy, "Academia de Alcochete", known to be the birthplace of Cristiano Ronaldo, Luis Figo, and Nani. The clinic will be led by Sporting CP coaches and the clinic will be designed for the team and to enhance skills in areas identified by the coaching staff.

#### Lunch at Academy

**Sporting CP Academy Tour** Take a walk through the training facilities and have access to the players' lounge.

#### Dinner at Hotel Restaurant

### DAY 7

#### Breakfast at Hotel

#### Training Session

**Walking Tour of Belem** Take a walking tour of Belem to explore Portugal's former glory, expressed in the areas imposing and exuberant buildings. During our walk we will view the Praca do Imperio, the Archeological Museum, and the Palacio de Belem.

**Mosteiro Do Jeronimos** Tour the Mosteiro dos Jeronimos, a monastery ordered by Manuel the Fortunate to commemorate Vasco da Gama's voyage to India. The monastery is one of Portugal's finest examples of Manueline architecture that combines flamboyant Gothic and Moorish influences with elements of the nascent Renaissance. The church features tombs of many of the great figures in Portuguese history, including Vasco da Gama.

#### Dinner at Hotel Restaurant

### DAY 8

#### Breakfast at Hotel

#### Friendly Match

**Free Time At The Beach** Spend some time relaxing on one of Lisbon's magnificent beaches.

#### Dinner at Hotel Restaurant

### DAY 9

#### Breakfast at Hotel

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.

## SAMPLE ITINERARY

### DESTINATION:

Lisbon, Portugal

### NUMBER OF DAYS TOURING: 7

### TOTAL NUMBER OF DAYS: 9

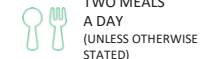
## AN ALL-INCLUSIVE EXPERIENCE



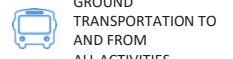
ROUND TRIP  
TRANSPORTATION



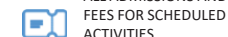
HOTEL  
ACCOMMODATIONS



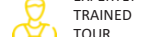
TWO MEALS  
A DAY  
(UNLESS OTHERWISE  
STATED)



GROUND  
TRANSPORTATION TO  
AND FROM  
ALL ACTIVITIES



ALL ADMISSIONS AND  
FEES FOR SCHEDULED  
ACTIVITIES



EXPERTLY  
TRAINED  
TOUR  
DIRECTORS



24-HOUR  
EMERGENCY  
SUPPORT



ACADEMIC  
CREDIT

## APP

### ADVANTAGE PAYMENT PLAN

Advantage Payment Plan (APP) allows families and participants to make monthly installment payments including four installment payments after you return from your trip.

APP participants will follow a payment schedule which is confirmed in writing by a Letter of Understanding (LOU).

## Why WorldStrides Sports?

Does the company provide:

WorldStrides Sports

Other Company



### Health, Safety, and Protection

\$50 million in liability coverage for all sports programs - coaches, organizations, and schools are covered on tour under our policy

Yes

\$1 million consumer protection program through our USTOA membership

Yes

24/7 access to Doctors On-Call program with George Washington University Department of Emergency Medicine and AXA Behavioral Health

Yes

Primary medical insurance coverage provided on all international sports tours

Yes

Crisis management team & strategic partnerships with WorldAware and International SOS, leading worldwide risk management organizations, who provide 24/7 access to the most thorough and up to date information on security analysis

Yes

A price guarantee at the time of registration, which protects families from currency or fuel surcharges

Yes

Licensed to sell travel in all 50 United States and Canada [worldstrides.com/legal-policy](http://worldstrides.com/legal-policy)

Yes



### Financial Assistance

Advantage Payment Plan (APP) is available to our groups, which allows for equal payments as low as \$199 per month for up to 6 months after the group has returned from the trip

Yes

Financial assistance program through the Future Leaders of American Government (FLAG) Foundation [fundraising.worldstrides.com/flag-financial-assistance](http://fundraising.worldstrides.com/flag-financial-assistance)

Yes



### Educational Excellence

Complimentary academic credit for all middle and high school travelers offered via WorldStrides' accreditation [worldstrides.com/academic-credit](http://worldstrides.com/academic-credit)

Yes



### Unique Benefits

Manchester United fundraising opportunity — Your players keep 100% of all funds raised

Yes

Custom WorldStrides app for your mobile phone or tablet, featuring tour details and your team's itinerary

Yes

U.S. Federation sanctioning of all games

Yes

FIFA Approved Match agent, holding the rights to arrange matches between teams from different confederations

Yes