

Lisbon & Porto

YOUR DAY-BY-DAY ADVENTURE

DAY 1

Flight to Portugal

DAY 2

Welcome Meeting Begin with a welcome meeting and orientation. Enjoy free time to explore the area around the hotel.

Training Session Participate in a Training Session at a local field led by your coaching staff.

Dinner at Hotel Restaurant

DAY 3

Breakfast at Hotel

Training Session

Walking Tour Explore the riverfront Praco do Comercio, view the Equestrian Statue of Dom Jose and walk through the city's Alfama area.

Castle of Sao Jorge Nucleus of the original city.

Attend Professional Match Attend a professional soccer match in the Barcelona area.

Dinner at Hotel Restaurant

DAY 4

Breakfast at Hotel

Benfica - Estadio Da Luz Tour Travel through the Dressing Rooms, Presidential Tribune VIP area, Press Conference Room, Players' Tunnel, Pitch and Bench, and the Eagle Vitoria, Benfica's mascot and symbol. Our tour concludes through the Benfica Museum, featuring memorabilia form its storied history.

Free Time in Lisbon

Friendly Match Play against a local club or academy team in the Barcelona area. The team will meet and compete against athletes of similar ages and skill levels.

Dinner at Hotel Restaurant

DAY 5

Breakfast at Hotel

Pro Coaching Clinic at Sporting CP Academy

Participate in a special Professional Coaching Clinic at Sporting CP Academy, "Academia de Alcochete", known to be the birthplace of Cristiano Ronaldo, Luis Figo, and Nani. The clinic will be led by Sporting CP coaches and the clinic will be designed for the team and to enhance skills in areas identified by the coaching staff.

Lunch at the Academy

Sporting CP Academy Tour Take a walk through the training facilities and have access to the players' lounge.

Dinner at Hotel Restaurant

DAY 6

Breakfast at Hotel

Travel to Porto Porto is a coastal city in northwest Portugal known for its stately bridges and port wine production. In the medieval Ribeira (riverside district) narrow cobbled streets wind past merchants' houses and cafes. São Francisco Church is known for its lavish baroque interior with ornate gilded carvings. The palatial 19th-century Palácio de Bolsa, formerly a stock market, was built to with the intention of impressing potential European investors.

Walking Tour Take a walking tour of one of Portugal's most stunning cities, known for its colorful buildings. Not just a bustling seaside city, Porto is also home to botanical gardens. This historic city has extravagant baroque churches with soaring bell towers.

Dinner at Hotel Restaurant

Friendly Match

DAY 7

Breakfast at Hotel

Estadio Do Dragao Tour Dragon's Stadium Experience the stadium of Futebol Clube do Porto. FC Porto is one of the best club's in Portugal. The stadium was inaugurated on November 16, 2003 and has capacity for 50,035 spectators. You can also visit the Museum of the Club.

Free Time

Friendly Match

Dinner at Hotel Restaurant

DAY 8

Breakfast at Hotel

Porto Cathedral The Porto Cathedral is the most important religious edifice in the city and has been declared a National Monument. The construction of the Cathedral began during the twelfth century, but it was rebuilt and renovated numerous times throughout the centuries.

Palacio Do Bolsa Tour the Palacio do Bolsa and see its grand Arabian Room which was inspired by Granada's Alhambra.

Lunch at Local Restaurant

Free Time At The Beach

Dinner at Hotel Restaurant

DAY 9

Breakfast at Hotel

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.

SAMPLE ITINERARY

DESTINATION:

Lisbon & Porto, Portugal

NUMBER OF DAYS TOURING: 7

TOTAL NUMBER OF DAYS: 9

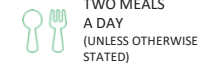
AN ALL-INCLUSIVE EXPERIENCE



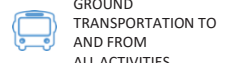
ROUND TRIP
TRANSPORTATION



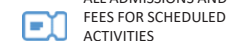
HOTEL
ACCOMMODATIONS



TWO MEALS
A DAY
(UNLESS OTHERWISE
STATED)



GROUND
TRANSPORTATION TO
AND FROM
ALL ACTIVITIES



ALL ADMISSIONS AND
FEES FOR SCHEDULED
ACTIVITIES



EXPERTLY
TRAINED
TOUR
DIRECTORS



24-HOUR
EMERGENCY
SUPPORT



ACADEMIC
CREDIT

APP

ADVANTAGE PAYMENT PLAN

Advantage Payment Plan (APP) allows families and participants to make monthly installment payments including four installment payments after you return from your trip.

APP participants will follow a payment schedule which is confirmed in writing by a Letter of Understanding (LOU).

Why WorldStrides Sports?

Does the company provide:

WorldStrides Sports

Other Company



Health, Safety, and Protection

\$50 million in liability coverage for all sports programs - coaches, organizations, and schools are covered on tour under our policy

Yes

\$1 million consumer protection program through our USTOA membership

Yes

24/7 access to Doctors On-Call program with George Washington University Department of Emergency Medicine and AXA Behavioral Health

Yes

Primary medical insurance coverage provided on all international sports tours

Yes

Crisis management team & strategic partnerships with WorldAware and International SOS, leading worldwide risk management organizations, who provide 24/7 access to the most thorough and up to date information on security analysis

Yes

A price guarantee at the time of registration, which protects families from currency or fuel surcharges

Yes

Licensed to sell travel in all 50 United States and Canada worldstrides.com/legal-policy

Yes



Financial Assistance

Advantage Payment Plan (APP) is available to our groups, which allows for equal payments as low as \$199 per month for up to 6 months after the group has returned from the trip

Yes

Financial assistance program through the Future Leaders of American Government (FLAG) Foundation fundraising.worldstrides.com/flag-financial-assistance

Yes



Educational Excellence

Complimentary academic credit for all middle and high school travelers offered via WorldStrides' accreditation worldstrides.com/academic-credit

Yes



Unique Benefits

Manchester United fundraising opportunity — Your players keep 100% of all funds raised

Yes

Custom WorldStrides app for your mobile phone or tablet, featuring tour details and your team's itinerary

Yes

U.S. Federation sanctioning of all games

Yes

FIFA Approved Match agent, holding the rights to arrange matches between teams from different confederations

Yes